# Select Lifestyles

# Company Brochure

#### Introduction

At Select Lifestyles, we respect, value and celebrate the unique attributes, characteristics and perspectives that make each person who they are.

We also believe that bringing diverse individuals together facilitates us in collectively and effectively addressing issues that people we support may face. It's why we are here.

It is our aim therefore, to ensure that our strategies and investments reflect our core values to provide inclusive and empowering services that maximise independence and promote equality.

If you'd like to know more about what we do, need some assistance, or want to work with us, just get in touch. Our experienced and friendly team will be happy to help.

#### Who We Are

We were established in 2007 by an experienced and dedicated team with an employment history that includes the health service, local authority and independent care providers.

Most of our experience has been gained within the field of Learning Disabilities and Mental Health, both corporately and within service management and delivery.

We began operationally trading on the 30th July 2007 with the opening of our first service, a day centre in the Birmingham area supporting service users from the local surrounding areas.

The company is managed and supported by a head office team based in West Bromwich, West Midlands.

Who we are: We are an independent provider of supportive services for people with learning disabilities and complex needs across the West Midlands.





















### **Our Core Values**

Our person-centered approach is set out to empower the people we support. We create a culture for all to achieve outcomes and to become as independent as possible with successful integration into the local community.

### At Select Lifestyles we strive to achieve this through our core values:

- Empowering people to live the life they want.
- Creating and sharing meaningful experiences with every encounter.
- Building relationships on trust and understanding.
- Striving to remove any potential barriers to continue to achieve outcomes and goals.
- Always treating people with dignity and encouraging everyone to reach their true potential.



### **Our Team**

#### **Our Board of Directors**

The Board is responsible for the company's system of corporate governance and is ultimately accountable for the company's activities, strategy, risk management and financial performance.

- Nick Horton Managing Director nhorton@selectlifestyles.co.uk
- Liz Grice Executive Director Igrice@selectlifestyles.co.uk
- Les Trumpeter Executive Director
   ltrumpeter@selectlifestyles.co.uk
- Emma Franks Executive Director efranks@selectlifestyles.co.uk
- Sue Grice Non-Executive Director sgrice@selectlifestyles.co.uk
- Christine Horton Non-Executive Director chorton@selectlifestyles.co.uk

### **Our Team**

#### **Our Operations team**

The operations team is structured to ensure best practice and compliance across the organisation and within our services. The team is extremely proactive, getting to know our staff and people that we support in all our services as well as the local commissioners and sector partners in their local areas.

Emma Franks, our CQC Nominated Individual, has overall responsibility for our Operations Team and reports directly to our board of Directors.

- Stephen McGough Operations Manager smcgough@selectlifestyles.co.uk
- Donna Poole Locality Manager dpoole@selectlifestyles.co.uk
- Craig Evans Locality Manager (Quality and Compliance) cevans@selectlifestyles.co.uk
- Julie Courts Locality Manager jcourts@selectlifestyles.co.uk
- Katie Bromwich Locality Manager kbromwich@selectlifestyles.co.uk
- Barbara Taylor Locality Manager btaylor@selectlifestyles.co.uk

### **Our Team**

#### Our Head Office team

We take our companies future very seriously and want our office to reflect the ambition of our business. While some people join us with specialist experience, we are very proud that most of our head office team have been promoted from within the company, either from a care or administrative background. With a multitude of different head office roles, below are our department heads.

- Sumedh Jassal Business Development Manager sjassal@selectlifestyles.co.uk
- Steve Lear Sales & Marketing Manager slear@selectlifestyles.co.uk
- Lin Goodwin Finance Manager Igoodwin@selectlifestyles.co.uk
- Elliot Horton Contracts Manager ehorton@selectlifestyles.co.uk
- Wayne Etheridge Estates Manager wetheridge@selectlifestyles.co. uk
- Alex Ford Health, Safety & Facilities Manager aford@selectlifestyles.co.uk
- Wayne Phillips Training Manager wphillips@selectlifestyles.co.uk
- Dipa Lekhi HR Advisor dlekhi@selectlifestyles.co.uk
- Nicky Kaur Office Manager nkaur@selectlifestyles

# **Care Quality Commission (CQC)**

All our residential and supported living services are registered with CQC.



\*image shows ratings for Lincoln Road

■ Good – the service is performing well and meeting our expectations.

CQC reports - https://www.cqc.org.uk/provider/1-101653758

Lincoln Road - April 2022 Report - https://www.cqc.org.uk/location/1-5179341609

Stratford Road - December 2022 Report - https://www.cqc.org.uk/location/1-116569454

Select Lifestyles Limited - October 2021 Report - https://www.cqc.org.uk/location/1-13938197009

#### Our CQC nominated individual:

Emma Franks is our Care Quality Commission (CQC) Nominated Individual. Emma has over 12 years registration experience with CQC and almost 20 years' experience in the care sector. Emma can be contacted in confidence, or to answer any of your queries, either by email <a href="mailto:efranks@selectlifestyles.co.uk">efranks@selectlifestyles.co.uk</a> or 0330 333 7484.

### **Our Mission Statement**

To achieve our objectives, we strive to be honest, transparent, fair, non-discriminatory and ethical in all that we do.

We also believe that all people regardless of ability are entitled to a full and eventful lifestyle, and that all people are entitled to feel valued and included within society. It's our mission to deliver this.

#### We share the vision that everyone receiving a service should be entitled to:

- Improved healthcare
- Improved quality of life
- Make a positive contribution
- Exercise choice and control
- Freedom from discrimination and harassment
- Economic well being
- Personal dignity
- Social inclusion

Our focus is to support each individual and to easily access support services they may need to achieve their true potential.



### **Who We Support**

We understand that everyone is different, and we also understand that it is vital to receive the right support for your individual needs.

This is why we have a dedicated specialist team that develop support plans completely tailored to you. Here at Select Lifestyles we offer a wide variety of support, from shared housing, self-contained fiats, day opportunities and respite/short break services.

For further advice on the ways we can offer you support, please call our friendly referrals team on 0330 333 7484 or email referrals@selectlifestyles.co.uk.

### Who we support:

- Acquired brain injuries
- Autism spectrum
- Behaviours that challenge
- Learning disabilities
- Mental health

### Our pathways:

- Supported living
- Shared housing
- Respite & short breaks
- Day opportunities
- Residential care





### **Supported Living**

At Select Lifestyles, we endeavour to provide individually tailored support packages to all people who may require it. One method of achieving this is through our supported living schemes.

Supported Living services can provide appropriate levels of support that will enable and facilitate a person to live a more independent lifestyle within their own purpose-built accommodation or shared house.

Our staff teams are suitably experienced and trained. Therefore, we can encourage and motivate the people we support to achieve valued outcomes within the individuals lives.

For further advice on the ways we can offer you support, please call our friendly referrals team on 0330 333 7484 or email referrals@selectlifestyles.co.uk

### 41 John Street, Wolverhampton, WV2 2LS



### **Property details:**

This property is a converted parish hall which has 9 self-contained flats; 8 of which are on the ground floor and the other is on the first floor accessible by stairs. The property is located within a short distance to the city centre, which enables the service users to access all local amenities. There is a large communal area for social interaction and gatherings. Each of the flats are tailored to the individual's preferences and comprise of a double bedroom with an en-suite bathroom, large living and kitchen area.

### 7 Oaks Crescent, Wolverhampton, WV3 95A



#### **Property details:**

This property is a Victorian manor house which is included in the Wolverhampton city conservation program. The property consists of 6 self-contained single tenancy flats. 4 on the ground floor and 2 on the first floor accessible via lift. Each of the flats have a large open plan kitchen/living room, a spacious double bedroom with en-suite wet room. The property is set on beautiful landscaped gardens in a quiet cul-de-sac, within a short walk from Wolverhampton's city centre.

# 22 Helenny Close, Wolverhampton, WV11 15N



#### **Property details:**

Helenny Close is a converted school which has 11 self-contained flats with a large communal area. They have a great sense of community living whilst still enjoying an independent lifestyle. All of the flats are ground floor level and consist of a double bedroom, bathroom and large living/kitchen area, the flats have patio doors leading onto a large terrace area. All apartments are personalised to the individual's personal preferences.

### 186 Chester Road, Stonnal, WS9 9DF



### **Property details:**

Chester Road is a large detached property set in rural Stonnall, surrounded by scenic views. This service comprises of 6 large single occupancy flats. Each individual flat is comprised of a large open plan lounge and kitchen area with a spacious bedroom and en-suite roll-in wet rooms. The flats have been adapted with tracking hoists and lowered kitchen units to accommodate physical disabilities. There is a large communal area for meeting and social gatherings. To the rear there are large landscaped, sensory enclosed gardens with a patio area.

### 33 Hawbush Road, Walsall, WS3 1AE



#### **Property details:**

This property is a converted church which has been renovated to a high standard. Within are 8 single occupancy self-contained flats. There are 6 on the ground floor and 2 on the first floor. Each flat comprises of a large open plan lounge and kitchen area, a spacious double bedroom with en-suite wet room. There is a large communal room for meeting and social gatherings. The property is set on beautiful landscaped gardens with a large patio/BBQ terrace.

### 107 All Saints Way, West Bromwich, B71 1RU



### **Property details:**

This is a large detached building which has been through a complete renovation. Set upon extensive private grounds, the building now comprises of 7 spacious individual single occupancy flats. Each flat comprises of a large open plan lounge and kitchen area. Kitchens are fitted with integrated fridge/freezers and washer/dyers. Double bedroom with en-suite wet room. The flats are fully furnished to a high standard. The building has 2 large communal areas for meeting and socialising.

# 111 All Saints Way, West Bromwich, B71 1RU



#### **Property details:**

This is a 3 low level single tenancy flats situated on the site of All Saints Way.

Each flat consists of a bedroom, wet room, open plan kitchen/lounge area with patio doors leading on to a large garden.

# 20B St Johns Square, Wolverhampton, WV2 4AT



### **Property details:**

This property is a converted parish hall which has 9 self-contained flats; 8 of which are on the ground floor and the other is on the first floor accessible by stairs. The property is located within a short distance to the city centre, which enables the service users to access all local amenities. There is a large communal area for social interaction and gatherings. Each of the flats are tailored to the individual's preferences and comprise of a double bedroom with an en-suite bathroom, large living and kitchen area.

### **Shared Housing**

A common form of provision for people with learning disabilities is ordinary or purpose-built houses shared by a small number of people. Typically, this is a 3, 4 or 5 people. Each person has their own bedroom. The rest of the property is communal space used by tenants collectively and normally this will include at least a lounge, kitchen and dining area.

For further advice on the ways we can offer you support, please call our friendly referrals team on 0330 333 7484 or email referrals@selectlifestyles.co.uk.

### 1 Tiverton Drive, West Bromwich, B71 1DA



#### **Property details:**

This is a detached shared property; consisting of 4 bedrooms and a large bathroom on the first floor.

There is a kitchen/diner, separate toilet and a spacious lounge leading on to a good sized, secure back garden with patio area.

### 153 St Marks Road, Wolverhampton, WV3 OQN



#### **Property details:**

This property is a large 6 bedroom shared house, 2 bedrooms on the ground floor, 3 bedrooms on the first floor and a large studio loft conversion on the second floor. All bedrooms have en-suite wet rooms. The house comprises of a spacious lounge, separate kitchen, utility room and a large conservatory leading onto a large patio area within a good sized garden.

# 109 All Saints Way, West Bromwich, B711RU



### **Property details:**

This is 6 bedroom shared accommodation. Set on large grounds the property consists of 6 bedrooms, 2 ground floor bedrooms and 4 bedrooms on the first floor (accessible via stairs), 2 large living areas, a games rooms and a separate kitchen and dining area.

### 139 Greswold Street, West Bromwich, B711NS



#### **Property details:**

This property is a large 5 bedroom shared house, 4 bedrooms on the first floor 2 have en-suite bathrooms and there is a large bathroom, 1 large bedroom on the ground floor with access to a shower room.

The house comprises of a large lounge separate kitchen with breakfast bar and dining area. The property has a large garden at the rear with a patio area for dining.

### 6 Oberon Grove, Darlaston, WS10 8LL



#### **Property details:**

This is a semi-detached property; consisting of 3 bedrooms and a large bathroom on the first floor.

There is a kitchen/diner, separate toilet and a spacious lounge leading on to a good sized, secure back garden with patio area.

# 7 Knipersley Road, Wylde Green, B73 5JT



#### **Property details:**

This three-bedroom semi-detached house is situated in a cul-de-sac location within easy reach of Chester Road train station, local shops and amenities in Wylde Green and Boldmere, popular schools and transport links.

#### 12 Beeches Road, West Bromwich, B70 6QB



#### **Property details:**

This is an well-maintained end of terrace that has the benefit of a large well-constructed single-storey extension to the rear. It has a ground floor porch entrance, hallway with cellar storage off, lounge, dining room, conservatory, office, separate WC, kitchen, laundry room, two communal bathrooms, six double bedrooms.

On the second floor, there is an office space, a separate WC and stores. Outside there is a walled, brick-paved courtyard garden and a small walled fore garden to the front.

### 307 Stafford Road, Wolverhampton, WV10 6DP



#### **Property details:**

This is a large detached bungalow, with 3 bedrooms and a large bathroom.

The house comprises of a spacious lounge, separate kitchen/diner, utility room, separate toilet and a larger conservatory leading on to a good sized back garden with patio area.

### 26 The Bantocks, West Bromwich, B70 OPA



### **Property details:**

The Bantocks is a 4 bedroom shared detached house situated in a quiet cul-de-sac. The property has two spacious living/dining rooms, fitted kitchen with a laundry room and downstairs toilet.

The first floor consists of 4 double bedrooms, one which offers an en-suite and there is a large shared family bathroom. To the rear there is a large, spacious landscaped garden and also off-road parking available.

### 4 Horsehills Drive, Wolverhampton, WV3 9JL



### Property details:

Horsehills is a bungalow with a superbly spacious living / dining room, sitting area and a separate lounge area. It has a modern kitchen equipped with a breakfast bar, stunning fitted appliances and pristine surfaces throughout.

There are 4 double bedrooms all with fitted wardrobes, 2 with en-suites. There is a shower room, family bathroom, a study with balcony and separate office, a double garage, paved forecourt and well-presented landscaped gardens.

### 305 Penns Lane, Sutton Coldfield, B76 1NE



### **Property details:**

This service is a large detached property with 6 double bedrooms, 2 of which are located downstairs with en-suite. Upstairs are 4 double bedrooms, 2 with en-suites as well as a large shared family bathroom.

There is a conservatory leading onto a large secure, landscaped rear garden.

### 5 and 6 Doveridge Place, Walsall, WS5 4EQ



#### **Property details:**

This service has two 6-bedroom homes situated on a sought-after private road. They benefit from under-floor heating to the ground floor, hand crafted double glazed timber sash windows, the properties also feature fully integrated kitchen diner, lounge, study, guest cloakroom, four en-suite showerrooms, family bathroom, lawned gardens and off road parking.

### 15 and 17 Fellows Road, Bilston, WV14 6RD



### **Property details:**

This service comprises of two separate detached houses that stand side by side to one another. The buildings each have a living space, kitchen/dining area and downstairs toilet facilities as well as 2 double bedrooms and 1 single bedroom with a large shared bathroom. To the rear of the service there is a large secure landscaped garden, with off-road parking at the front of the dwellings.

# 18 Peacock Close, Tipton, DY 4 7RY



### **Property details:**

This service is a 3 bedroom semi-detached property. It has a spacious lounge area, kitchen with a separate diner and a shared family bathroom.

To the rear of the property there is a large conservatory leading out onto a secure garden.

### 32 Moor Lane, Rowley Regis, B65 8DH



#### **Property details:**

This property is a large detached house, consisting of 2 reception rooms and a large kitchen/dining area. There is a ground floor shower room with a laundry room area. There are 4 double bedrooms on the first floor with a large family shared bathroom. To the rear of the property there is a spacious landscaped garden, that is secure with fencing and walls. There are lovely views from all windows and garden as the house is situated on a high hill.

### 46 Dudding Road, Wolverhampton, WV4 5DN



### Property details:

This is a spacious 5 bedroom semi-detached property. All rooms are furnished with wardrobes and storage. On the ground floor, there is a bedroom en-suite. As well as, a large kitchen with a breakfast bar, dining area, toilet facilities, and a conservatory. The first floor features the other bedrooms, plus two shared bathrooms.

### 97 Vicarage Road, West Bromwich 871 1AH



#### **Property details:**

This is a spacious 5 bedroom semi-detached property. On the first floor of the property there is a shared family bathroom with a bath and shower. On the ground floor there is a wet-room and toilet facilities. To the back of the property there is a modern kitchen with a separate dining area. The remainder of the lower ground of the property is a large living area with wooden floor throughout and a fireplace with patio doors leading out onto the secure rear back garden.

# **Respite & Short Breaks**

### 3 Lincoln Road, Walsall, WS1 2EA



6 Bed Property

#### **Property details:**

This is a respite/short break service which is located near to the arboretum in Walsall. This is a large detached property consisting of a large lounge which leads onto a good size patio/garden area, a spacious kitchen and separate dining room. It has 2 ground floor wheelchair accessible bedrooms with a large wet room. On the first floor there are four double bedrooms, the rooms are fully furnished, and all equipped with flat screen TV's, There is a family sized bathroom with bath and shower, there is a large utility rooms with commercial washer and dryer.

#### Service details:

This service can accommodate adults with learning, physical and complex care needs. A detailed assessment will be completed, and support will be provided on an individual need basis, this can range from individuals requiring 2:1 support right through to shared support. Our staff are fully trained to provide all support that may be required.

We have excellent working relationships with the surrounding local authorities which include, Walsall, Wolverhampton, Sandwell and Dudley.

# **Day Opportunities**



#### Service details:

We provide community-based support services packages to people with varying levels of need, both within a specialised centre as well as utilising the wider area of community-based resources.

- Voluntary work in charity shops
- Swimming
- Outdoor pursuits
- Understanding money
- Access sensory centres
- Develop skills in cooking and meal preparations
- Attend discos
- Travel training
- Days out to numerous leisure attractions
- Network with our other services

# Holloway House, Martin Hill Street, Dudley, DY2 8RT

#### **Property details:**

Holloway House offers support to adults with learning, physical and complex care needs the opportunity to access a variety of activities within the centre and local community.

The people who attend the day service can help to plan their own week with activities of their choosing, the service offers support to those accessing college course, voluntary work placements and vocational studies.

# 94-95 Throne Road, Rowley Regis, B65 9JX



Day Centre - coming soon

#### **Property details:**

Large detached property, due to open as a multi-functioning day centre for the people we support. This new venture has already commenced with planned works and we are looking to open its new day centre toward the end of this year.

The new Rowley Regis based day centre will expand on Select Lifestyles existing day services based in Dudley, Holloway House.

#### Service details:

Plans for the multitude of rooms have been identified and include sensory rooms, music rooms, arts and crafts as well as incorporating two large classrooms where Select Lifestyles will offer ASDAN and several vocational courses. These will be available to all who attend the day centre as well as offering courses to the people they already support across all their other services.

### Residential

Select Lifestyles offer a small number of residential services for adults aged 18-65. Residential care services may be suitable for people with specific needs where some extra support could make all the difference to someone's life.

# 512-514 Stratford Road, Solihull, B90 4AY



### **Property details:**

This is a large 6 bedroom residential care home for adults with severe learning disabilities and significant health needs, which require high levels of care and support.

The house has been adapted to facilitate the physical requirements of the people who live here, which include tracking hoists, high-low baths, sensory equipment and a lift.

The house offers a spacious living room, large kitchen and separate dining room with patio doors leading onto a beautiful, mature landscaped garden which provides sensory stimulation and relaxation.

For further advice on the ways we can offer you support, please call our friendly referrals team on 0330 333 7484 or email referrals@selectlifestyles.co.uk.

### **Contact Information**

Whatever your question, one of our team will be happy to help. You can reach us by post, e-mail or directly to our head office number. You can also find out what we're up to by connecting with us on Facebook, Instagram, Twitter, TikTok and LinkedIn.

Address: Select House, 335-337 High Street, West Bromwich, West Midlands, B70 8LU

Email: info@selectlifestyles.co.uk

Phone: 0330 333 7484





















