

Select Lifestyles

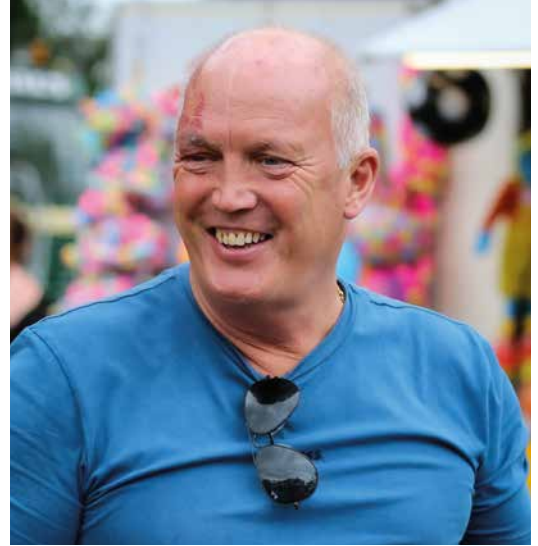
A photograph of a man, a woman, and a large blue squirrel mascot posing together on a grassy field at a fair. The man on the left is wearing a dark blue jacket, black pants, and white sneakers. The woman on the right is wearing a green dress and a yellow wristband. The mascot is wearing a white t-shirt that says "SAMM THE SELECT SQUIRREL". In the background, there are fair rides, including a carousel and a sign that says "WELCOME TO Fabulous LAS VEGAS NEVADA".

Newsletter
September 23

Get to know...

Nick Horton

your Managing Director



Q Can you tell us a little bit about yourself and your background?

A My background is quite vast. Since leaving school, I've had all sorts of work varying from a runner working in Jewellery Quarter, a painter and decorator, security guard at Toys 'r' Us to a Nurse. The varying experiences allowed me to set up several businesses over the years. In 1995, we set up our first nursing home Lonsdale; in 2006, it was CareTech, then in 2007, it was Riverside (otherwise known today as Select Lifestyles). The rest is history!

Q What do you enjoy doing in your free time? (passions and hobbies)

A Gardening, Fishing and Football (Blues all the way!)

Q Do you have any favourite books, movies, or TV shows?

A Lord of the Rings by J. R. R. Tolkien. I used to read The Hobbit to the kids when they were younger.

Q What are some of your personal goals for the future?

A I would love for Select Lifestyles to be THE care provider of choice!

Q Do you have any role models or people you look up to?

A My wife, Christine.

Q If you could have any superpower, what would it be and why?

A I'd choose the power to travel through time. I love history, so it would be nice to see a lot of great historical moments like going to see the dinosaurs for the day or just revisit some of the beautiful moments I've experienced.

Q Do you have a favourite quote or motto that resonates with you?

A "I disagree with what you say, but I will defend to the death your right to say it".

A "When I was 17, my father was so stupid, I didn't want to be seen with him in public. When I was 21, I was amazed at how much the old man had learned in just 4 years."

Q What's something that always brings a smile to your face?

A My family, especially the kids and grandchildren.

Q What's a memorable achievement or proud moment in your life?

A Becoming a dad in 1995

Q Is there something unique or interesting about you that not many people know?

A I breed canaries and have a train model set, its considered my winter hobby while the gardening is for summer.



Head Office address: Select House, 335-337 High Street, West Bromwich, B70 8LU

www.selectlifestyles.co.uk | info@selectlifestyles.co.uk | 0121 541 2122 & 0330 333 7484



Welcome

to our new clients...

Naomi	Holloway Day Care
Kevin	Beeches Road
Jamie	Himley Road
Kent	Doveridge Place
David	Hawbush Road
Britney	Fellows Road
Joshua	Doveridge Place

...and to John Roberts



At the start of July, John joined Select Lifestyles as a Care, Quality and Compliance Manager, bringing a wealth of experience and knowledge from previous roles in the care and third sector. In his role, John is responsible for the operations department, ensuring best practices and compliance across the organisation's service offerings.

John said: "It's an exciting time for Select Lifestyles and I'm really looking forward to working with the team and being part of a company that's recognised for its excellence within the health and social care sector, not only for the wellbeing and care of residents and clients but also those who it employs."



Our service, All Saints Way, recently received a well-deserved recognition with a high commendation in the "Best Specialists Care" category at the Care Home Awards 2023.



A day in the life at Beeches Road

At Select Lifestyles, to ensure that all of our clients' needs are met, we employ a number of different job roles at each of our sites – all of which have varying responsibilities. For example, the responsibilities of a support worker differ vastly from those of a service manager, but both are equally crucial to ensure clients get the best care possible. What's more, within these job roles, every day is different to ensure clients continually receive tailored, compassionate, and attentive support. We hear from a few individuals who work at Select Lifestyles' Beeches Road shared housing residential site, which cares for clients with Down's syndrome, visual and hearing impairments, autism, and other learning disabilities.

Learn more about what goes on at Beeches Road:



Latest Sponsorships:

We are beyond excited to announce that Select Lifestyles is now sponsoring two amazing sports teams: Aston Old Edwardians and West Bromwich Albions! Get ready to cheer on your favourite players as they take their performance to the next level with our support. Stay tuned for more updates and don't forget to show some love for our fantastic teams!

You can learn more about the Aston Old Edwardians sponsorship here:



#ICYMI (in case you



Beach Disco Party



Greswold's day out to Cardiff and Barry Island



St Johns Squire's day out at the Black Country Museum



Shaquile's birthday celebrations



Hailey's birthday celebrations in Florida



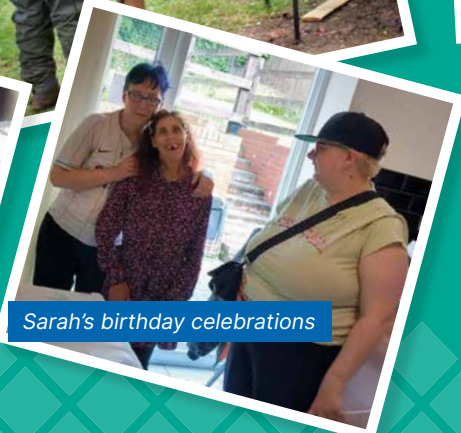
missed it)



Jasmine's 30th Birthday Party



Fishing Trip 2023



Sarah's birthday celebrations



Welcome to our new staff members...

- Michael Field
- Isaiah Joseph
- Zainab Mohamed
- David Gary Owen
- Emily Stevens
- Richard Kyeremateng
- Rumbidzai Chipfunde
- Chipo Sharon Zvinoira
- Jamiu Olayinka Babatande
- Keanu Whittaker
- Percy Shey
- Sada Allen
- Jake Westwood
- Grace Abimbola
- Hafsa Haroon
- Dean Martin
- Kia Dolphin
- Alison Jane Shaw
- Onyekachi Ibeanusi
- Marion Phillips
- Michael Udele
- Farzana Ashraf
- John Roberts
- Oluwafemi Richard Taiwo
- Laura Louise Lawrence
- Ajoke Mary Oluranti
- Shadya Mona Diab
- Nadia Ather Osmani
- Edward Jones

Happy Anniversary...

- Salinder Johal – 10 years
Learn more about Salinder and her journey with Select Lifestyles so far
- Jacqueline Byles – 10 years
- Nick Horton – 15 years
- David Raybould – 10 years
- Les Trumpeter – 15 years
- Emma Franks – 15 years



Salinder Johal receives her award



Jacqueline celebrates 10 years

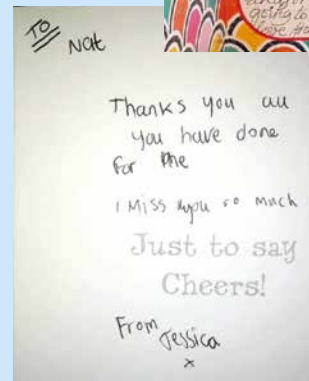
Congratulations

to Olawale Lawal at Hawbush Road, who recently celebrated the expansion of his family! He's pictured here with his new baby hamper before his paternity leave.



Fantastic Employee Recognition

Pusba Mahgara
& Natalie Boot



Staff Promotions...

Dullah Abdullah
DM at Hawbush Road

Emma Phillips
SM at Oberon Grove

Rosemarie Ebanks
Scheme Manager at Himley Road

Anika Bailey
SM at Doveridge Place

Natalie Boot
Scheme Manager at John Street

Courtney Mander
SM at The Bantocks

Abiodun Okunnu
DM at Chester Road

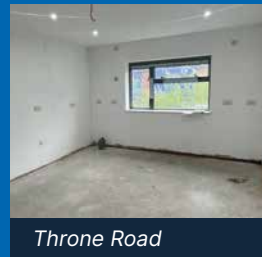
Donna Poole
now Registered CQC Manager

Maintenance and Estates updates

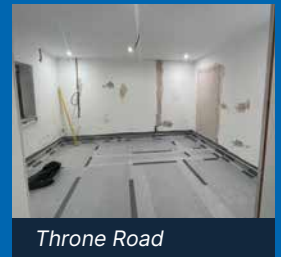
The efficiency of our job tracker has continued to improve significantly, with only have 20 jobs on the tracker (as of August '23). This means smoother workflow and faster response times for our team. Here are some of the jobs they have been working on:

Throne Road

The site has undergone a transformation, to become a specially designed centre for those with learning disabilities and complex needs. Some of the work the team have undertaken include the widening of doors and corridors; the fitting of extensive plumbing work to make space for more bathrooms and wet rooms; and the fitting of a specially designed quiet room, outdoor courtyard, music and arts and crafts room.



Throne Road



Throne Road



Throne Road



Stafford Road



Stafford Road

Stafford Rd pt 2

We are thrilled to announce that we have recently been given the keys to a newly refurbished shared house located right next to our existing service. This fantastic addition will allow us to expand our offerings and cater to even more individuals in need.

Hawbush Road

The service recently had a brand-new kitchen and lounge refurbishment! The aim was to create a welcoming space for both our dedicated staff and amazing clients to unwind and enjoy during their well-deserved breaks.



Hawbush Road



Hawbush Road

Learning & Development:



Dean Martin – Training Assistant

Since joining Select Lifestyles in March, I've thoroughly enjoyed my time here. I only have the upmost gratitude towards our workforce. The professionalism and dedication of my colleagues motivate me every day.

We offer enhanced quality-of-care; adequate training equips our staff with the necessary knowledge enabling a higher calibre of attentiveness. We teach the best practices, safeguarding, medication administration and specialized techniques for individuals with diverse needs. The aim is to improve safety and increase competence - achieving these standards will empower staff as we focus on building team confidence.

Our courses are created by health and social care experts, providing a carefully structured and highly effective approach to learning that accredits those in the social care sector to stay current with leading practices and the evolving requirements of the populations they serve. We educate in our classroom based at the head office and at some services while operating an online platform offering over 100 training courses!

If you would like to learn more about Flexabee, don't hesitate to ask me or Wayne (training@selectlifestyles.co.uk).



Fun Fair Highlights





Stratford Road rated as Good by CQC



Due to the work of Stratford Road's Scheme Manager, Samantha Morrison, and Deputy Manager, Nanette Kirkham, Stratford Road has been rated Good by CQC.

The leadership team fostered an 'all in this together' approach, putting themselves into the support worker role. This saw them carry out the responsibilities associated with this role, ensuring clients received the best care possible. They clearly outlined their priorities and maintained a relentless desire to achieve these, which played a big part in improving the overall quality of the service. They also implemented 1-2-1 staff meetings, staff observations and an employee of the month incentive to help boost morale within the service.

As a result, the leadership team has transformed this service back into a safe home for clients and a safe work environment for staff, at the same time as retaining all the clients using the service.

Learn more about how strong leadership goes hand in hand with excellent client care:



HR Survey Sessions

HR will be making visits to our various departments and services to conduct surveys and check in on how everyone is doing. This friendly initiative aims to gather valuable feedback and ensure that each team member feels supported and heard. Your opinions matter, so be sure to welcome HR with open arms when they come by! Dates to be confirmed shortly.

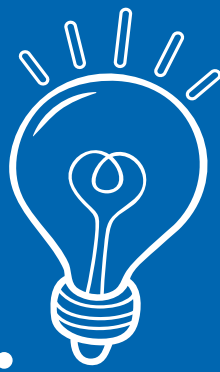
Management Workshops

From November, Head Office will be running workshops for Managers every week. The workshops will involve all departments to ensure that service managers have a clear understanding of the processes and how the company works. The timetable for the workshops has been sent out already, but if you need a copy, please get in touch with your Operations Locality Manager.

Career Opportunities...

- **Deputy Manager**, Doveridge Place, Walsall
- **Support Work Drivers** wanted at the Holloway House Day Centre

Get your thinking caps on...



because we have some puzzles that will challenge even the sharpest minds! Solve our fantastic puzzles and stand **a chance to win an amazing one-for-all voucher!** Send a picture of your completed puzzle to social@selectlifestyles.co.uk to enter the competition

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#134830

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KINDNESS
DEVELOPMENT
LEARNING
BEECHES
DISCO
SUCCESS
STRATFORD
UNION
FAIR
SPECTRUM
GROWTH

Did you know...

that the Black Country Healthcare Trust offer Mental Health Sanctuary Hubs?

If you feel like you need to access face to face support out of usual mental health service hours then you can visit the Sanctuary Hubs, available within each of the boroughs of the Black Country. The Sanctuary Hubs can provide emotional support to those in distress, in need of reassurance or at times when people need to be listened to most.

No referral is required, you just need to be aged 18+ and have live in or be registered with a GP in Dudley, Sandwell, Walsall or Wolverhampton. Your nearest hubs are:

Dudley Sanctuary Hub

DY1 Community Centre
Stafford Street
Dudley
DY1 1SA

Sandwell Sanctuary Hub

Hope Place
321 High Street
West Bromwich
B70 8LU

Walsall Sanctuary Hub

1 Queen's Parade
Bloxwich
Walsall
WS3 2EX

Wolverhampton Sanctuary Hub

29 -31 Temple Street,
Wolverhampton,
WV2 4AN

You can also access telephone support via the 24/7 helpline by calling **freephone 0800 008 6516**

For alternative support you can call:

SANE

0300 304 7000
(4:30pm – 10:30pm)
sanemail@org.uk
www.sane.org.uk

Samaritans

116 123
(24 hour helpline – free to call)
www.samaritans.org.uk

Anxiety UK

08444 775 774
(Monday – Friday,
9:30am – 5:30pm)
www.anxietyuk.org.uk

Rethink Mental Illness

0300 5000 927
(Monday – Friday,
9:30am – 4pm)
www.rethink.org

Select Lifestyles mental health first aid team are also available to speak to:
selectlifestyles.co.uk/mental-health-first-aid/



Key Dates and Any Other News...

Check out the dates for the last discos of the year...



UPCOMING DISCO DATES

THEMES	
Tuesday 31st October	Halloween 🎃
Wednesday 22nd November	Eid 🕌
Wednesday 20th December	Christmas 🎄

TIME: 5:00PM TILL 9:00PM

LOCATION: THE CROFT, HYDE'S ROAD, WEDNESBURY, WS10 0DF

EVERYONE IS WELCOME!

Coming Soon!



Bonfire Night Celebrations

Spend a night with family and friends enjoying a bonfire, hot chocolate, and an amazing firework display.

MORE INFORMATION COMING SOON

Select Lifestyles Newsletter Review: September Issue



Have your say and tell us what you think!

Select Lifestyles Charitable Trust:

Design your perfect Christmas card and have a chance to see it printed and used as our official charity card at the end of the year. Whether it's a traditional snowy scene or a modern, artistic masterpiece, we can't wait to see your creativity shine through!

To apply, simply submit your designs to info@selectlifestyles.charity or send them by post to 335-337 High Street, West Bromwich, B70 8LU.

Spread some joy this holiday season with your beautiful designs and make a difference in the lives of those we support. Get designing now!



CHRISTMAS CARD DESIGN COMPETITION

DEADLINE: 25TH OCTOBER 2023

Submit your designs at:
[INFO@SELECTLIFESTYLES.CHARITY](mailto:info@selectlifestyles.charity)



Head Office address: Select House, 335-337 High Street, West Bromwich, B70 8LU

www.selectlifestyles.co.uk | info@selectlifestyles.co.uk | 0121 541 2122 & 0330 333 7484

